

Camarillo MMA and Fitness  
October 2014 Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am-6:00am Boot Camp by Sifu Peter No Groupons		5:00am-6:00am Boot Camp by Sifu Peter No Groupons		5:00am-6:00am Boot Camp By Sifu Peter No Groupons	7:00am-7:30am Boot Camp at the Hill Sifu Peter No Groupons
					8:00am-9:00am Private Lesson Sifu Peter
9:00am-9:45am Cardio Kickboxing Sifu Cherry	10:30-11:00am Private Lesson Sifu Cherry	9:00am-9:45am Cardio Kickboxing Sifu Cherry	10:30-11:00am Private Lesson Sifu Cherry		9:00am-10:00am Cardio Kickboxing
3:30pm-4:00pm Pee Wee MMA	3:30pm-4:00pm Private Lesson Sifu Cherry Open Gym	3:30pm-4:00pm Pee Wee MMA	3:30pm-4:00pm Private Lesson Sifu Cherry Open Gym		10:00am-11:00am Black Belt MMA Sifu Peter
4:00pm-4:30pm Kids 1 MMA	4:00pm-4:30pm Private Lesson Sifu Cherry Open Gym	4:00pm-4:30pm Kids 1 MMA	4:00pm-4:30pm Private Lesson Sifu Cherry Open Gym		
4:30pm-5:15pm Kids 2 MMA	4:30pm-5:15pm Kids Judo	4:30pm-5:15pm Kids 2 MMA	4:30pm-6:15pm Open Gym	5:15pm-5:45pm Private Lesson Sifu Cherry	
5:15pm-6:00pm Pre-Teens MMA	5:15pm-5:45pm Private Lesson Sifu Cherry	5:15pm-6:00pm Pre-Teens MMA		5:30pm-6:30pm Adult MMA Sifu Backus	
6:00pm-6:45pm Teens MMA	6:15pm-7:15pm Cardio Kickboxing	6:00pm-6:45pm Teens MMA	6:15pm-7:15pm Cardio Kickboxing		
6:15pm-7:15pm Adult MMA All Levels Sifu Peter		6:15pm-7:15pm Adult MMA All Levels Sifu Backus			

During our private lesson time we will have open gym. Students with a regular membership are allowed to come to open gym. No Groupon Students allowed.

Please do not distract the private clients during private lessons as most of them are kids.

Boot Camp will begin on October 13<sup>th</sup>. There will be no week break off. Cost is \$150 for 4 weeks. \$140 for returning students.

Grand Opening will be on October 18<sup>th</sup> from 2-4pm. Kids Halloween party will be Friday, October 24<sup>th</sup> from 6:30pm-8:30pm. Cost is \$10 per child. Dinner will be served.

Tuesday	Thursday	Saturday
	10/2-Sifu Cherry	10/4-Sifu Seth
10/7-Sifu Cherry	10/9-Sifu Peter	10/11-Sifu Backus
10/14-Sifu Peter	10/16-Sifu Backus	10/18-Sifu Cherry
10/21-Sifu Seth	10/23-Sifu Cherry	10/25-Sifu Peter
10/28-Sifu Cherry	10/30-Sifu Peter	