

Camarillo MMA and Fitness
 August 2014 Class Schedule
 805-914-4129

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am-6:00am Boot Camp No Groupons		5:00am-6:00am Boot Camp No Groupons		5:00am-6:00am Boot Camp No Groupons	7:00am-7:30am Boot Camp at the Hill No Groupons
					8:00am-9:00am Private Lesson Sifu Peter
9:00am-9:45am Cardio Kickboxing		9:00am-9:45am Cardio Kickboxing			9:00am-10:00am Cardio Kickboxing
3:30pm-4:00pm Pee Wee MMA		3:30pm-4:00pm Pee Wee MMA			10:00am-11:00am Black Belt MMA
4:00pm-4:30pm Kids 1 MMA	4:00pm-4:30pm Private Lesson	4:00pm-4:30pm Kids 1 MMA	4:00pm-4:30pm Private Lesson		
4:30pm-5:15pm Kids 2 MMA	4:30pm-5:15pm Kids Judo	4:30pm-5:15pm Kids 2 MMA			
5:15pm-6:00pm Pre-Teens MMA	5:15pm-5:45pm Private Lesson	5:15pm-6:00pm Pre-Teens MMA	5:15pm-5:45pm Private Lesson	5:30pm-6:30pm Adult MMA	
6:00pm-6:45pm Teens MMA	6:15pm-7:15pm Cardio Kickboxing	6:00pm-6:45pm Teens MMA	6:15pm-7:15pm Cardio Kickboxing		
6:15pm-7:15pm Adult MMA All Levels	7:30pm-8:30pm Adult MMA All Levels	6:15pm-7:15pm Adult MMA All Levels	7:30pm-8:30pm Adult MMA All Levels		

For the month of August we will only be doing a morning boot camp. Next boot camp starts on August 11th.
 Cost is \$115 for new members and \$99 for returning members.