

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00am-9:45am Cardio Kickboxing
3:30pm-4pm Private Lesson					
4:15pm-4:45pm Pee Wee MMA Ages 3-5	4:00pm-4:30pm Private Lesson Sifu Cherry	4:15pm-4:45pm Pee Wee MMA Ages 3-5			
4:45pm-5:30pm Kids MMA Ages 6 and up	4:30-5pm Private Lesson	4:45pm-5:30pm Kids 2 MMA Ages 6 and up			
	5pm-5:30 pm Private Lesson				
5:30pm-6:15pm Pre Teens MMA Ages 8-12 Conditioning overlapping with Teens MMA	5:30pm-6:15pm Make up Kids, Preteen and Teens MMA Class	5:30pm-6:15pm Pre-Teens MMA Ages 8-12 Conditioning overlapping with Teens MMA	4:30pm-5pm Private lesson		
6:00pm-6:45pm Teens MMA		6:00pm-6:45pm Teens MMA	5:00pm-6:00pm Private Lesson	6:00pm-7:00pm Adult MMA Sparring	
	6:15pm-7:00pm Cardio Kickboxing		6:15pm-7:00pm Cardio Kickboxing Private lesson at 6pm in cage		
6:15pm-7:15pm Adult MMA All Levels		6:15pm-7:15pm Adult MMA All Levels			
	7:30pm-8:30pm Private Lesson				