

June 2015 Class Schedule
 Camarillo MMA and Fitness

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am-6:00am Boot Camp Sifu Cherry		5:00am-6:00am Boot Camp Sifu Cherry		5:00am-6:00am Boot Camp Sifu Cherry	7:00am-7:30am Boot Camp at the hill Sifu Cherry
6:00am-7:00am Zumba by Estela	6:00am-7:00am Zumba by Estela	6:00am-7:00am Zumba by Estela	6:00am-7:00am Zumba by Estela	6:00am-7:00am Zumba by Estela	6:00am-7:00am Zumba by Estela
9:00am-9:45am Cardio Kickboxing Sifu Cherry	9:00am-9:30am Private Lesson	9:00am-9:45am Cardio Kickboxing Sifu Cherry	9:00am-9:30am Private Lesson		9:00am-10:00am Cardio Kickboxing
3:30pm-4:00pm Private Lesson	3:30pm-4:00pm Private Lesson Open Gym		3:30pm-4:00pm Private Lesson Open Gym		10:00am-11:00am Black Belt Class
4:15pm-4:45pm Pee Wee MMA Ages 3-5 Sifu Cherry		4:15pm-4:45pm Pee Wee MMA Ages 3-5 Sifu Cherry	4:15pm-4:45pm Private Lesson Open Gym		
4:45pm-5:30pm Kids 2 MMA Ages 6 and up Sifu Cherry	4:30pm-5:15pm Kids Judo Sensei Mike	4:45pm-5:30pm Kids 2 MMA Ages 6 and up Sifu Cherry			
5:30pm-6:15pm Pre Teens MMA(Sifu Cherry) Ages 8-12 Conditioning overlapping with Teens MMA		5:30pm-6:15pm Pre Teens MMA (Sifu Cherry) Ages 8-12 Conditioning overlapping with Teens MMA			
6:00pm-6:45pm Teens MMA Sensei Mike/Sifu Backus	5:15pm-5:45pm Private Lesson Travis/Sifu Cherry Open gym	6:00pm-6:45pm Teens MMA Sensei Mike/Sifu Backus	5:15pm-5:45pm Private Lesson Travis/Sifu Cherry Open gym	5:30pm-6:30pm Adult MMA Sifu Backus	
	6:15pm-7:15pm Cardio Kickboxing		6:15pm-7:15pm Cardio Kickboxing	6:30pm-7:30pm Private Lesson Sifu Peter	

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6:15pm-7:15pm Adult MMA All Levels Sifu Peter/Sifu Backus	7:30pm-8:30pm Adult MMA Gi Class by Sensei Mike	6:15pm-7:15pm Adult MMA All Levels Sifu Backus/Sifu Peter			
7:30pm-8:30pm Zumba by Estela		7:30pm-8:30pm Private Lesson	7:30pm-8:30pm Zumba by Estela	7:30pm-8:30pm Zumba by Estela	

Next boot camp begins June 8th.

Zumba by Estela. Estela works independently. She charges \$35/month for unlimited Zumba classes. \$10 for a 5 pass class or \$3 per class.

805 MMA CLASS SCHEDULE

MAY 2015

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:45PM		PEE WEE MMA		PEE WEE MMA			
5:15PM		KIDS MMA		KIDS MMA			
6:00PM		ADULT MMA		ADULT MMA			

Instructor Schedule for Camarillo MMA

Tuesday	Thursday	Saturday
6/2/2015	6/4/2015	6/6/2015
6/9/2015	6/11/2015	6/13/2015
6/16/2015	6/18/2015	6/20/2015
6/23/2015	6/25/2015	6/27/2015
6/30/2015		