

JUNE 2014

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-6:00AM BOOT CAMP Groupon Vouchers Not Allowed		5:00AM-6:00AM BOOT CAMP Groupon Vouchers Not Allowed		5:00AM-6:00AM BOOT CAMP Groupon Vouchers Not Allowed	7:00am-7:30am BOOT CAMP at the Hill Groupon Vouchers Not Allowed
					8:00am-9:00am Private Lesson Sifu Peter
9:00am-9:45am Cardio Kickboxing All levels		9:00am-9:45am Cardio Kickboxing All levels			9:00am-10:00am Cardio Kickboxing All Levels Sifu Cherry
3:30pm-4:00pm Pee Wees MMA Ages 3-5		3:30pm-4:00pm Pee Wees MMA Ages 3-5			10:00am-11:00am Black Belt MMA Class
4:00pm-4:45pm Kids MMA Group 1		4:00pm-4:45pm Kids MMA Group 1			
4:30pm-5:15pm Kids MMA Group 2		4:30pm-5:15pm Kids MMA Group 2			
5:15pm-6:00pm Pre-Teens MMA Ages 9 and up	4:30pm-5:15pm Kids Judo Ages 5 and up. Sensei Mike	5:15pm-6:00pm Pre-Teens MMA Ages 9 and up			
6:00pm-6:45pm Teens MMA Ages 12 and up	5:30pm-6:00pm Sifu Cherry Private Lesson	6:00pm-6:45pm Teens MMA Ages 12 and up	5:30pm-6:00pm Sifu Cherry Private Lesson	5:30pm-6:00pm Sifu Cherry Private Lesson	
6:15pm-7:15pm Adult MMA Beginner/Intermediate Sifu Peter /Sifu Backus	6:15pm-7:15pm Cardio Kickboxing All levels	6:15pm-7:15pm Adult MMA All levels Sifu Peter /Sensei Mike	6:15pm-7:15pm Cardio Kickboxing All levels	6:15pm-7:15pm BOOT CAMP Groupon Vouchers Not Allowed	
7:15pm-8:15pm BOOT CAMP Groupon Vouchers Not Allowed	7:30pm-8:30pm Adult MMA Advanced	7:15pm-8:15pm BOOT CAMP Groupon Vouchers Not Allowed	7:30pm-8:30pm Advanced Adult MMA		

June Boot Camp will begin on June 9th and end June 27th. Cost is \$99 for returning and \$115 for newbies.